

# RESPIRATORY: Bronchiolitis

## Parent Advice Sheet

### Babies/Children Under 2 Years with Suspected Bronchiolitis



Red

- Blue lips
- Unresponsive and very irritable
- Finding it difficult to breathe
- Pauses in breathing or irregular breathing pattern

**You need urgent help.**  
Please phone 999 or go straight to the nearest Accident and Emergency Department.



Amber

- Decreased feeding < 50% of normal
- Passing less urine than normal
- Baby/child's health is getting worse or you are worried
- If your baby/child is vomiting
- Your babies temperature is above 38.5°C (or above 38°C for babies less than 3 months old)

**You need to contact a doctor or nurse today.**  
Contact your GP or Ring 111.



Green

- If you are concerned about looking after your baby at home

**If you need advice.**  
Please contact 111.

## Useful information

### Children under the weather?

Search 'Catch app' to download a free NHS local health app for parents and carers of children from pregnancy to age 5 (Use [www.nhs.uk](http://www.nhs.uk) if not available in your region).



For more information visit [www.catchapp.co.uk](http://www.catchapp.co.uk) or @catchapp\_uk



### Your Pharmacist



Pharmacists can offer advice and medicines for a range of minor illnesses and most have a room where you can discuss issues with pharmacy staff without being overheard and are trained to tell you when your symptoms mean you need to see a doctor.



### Need medical advice or help right now?

CALL  
**111**

Use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. You can also access 111 online at: [www.111.nhs.uk](http://www.111.nhs.uk)

Trained advisors are available 24 hours a day and can book you an appointment at the Urgent Treatment Centre, order a repeat prescription or put you in touch with a healthcare professional.