

Ref: FOI/00060/CMICB  
22 September 2022

**Your Request:**

**For NHS patients who live in Nantwich and who therefore are within the NHS Cheshire and Merseyside region what is the availability of Cognitive Behavioural Therapy and / or Eye Movement Desensitisation Reprogramming on the NHS for patients who clinically would benefit from such treatment.**

**Our Response:**

1) Please note from 01 July 2022, Clinical Commissioning Groups (CCGs) were disestablished, and their statutory functions and responsibilities inherited by NHS Cheshire and Merseyside ICB.

Patients who are registered with a GP Practice in Nantwich can access the NHS mental health services previously commissioned by the former NHS Cheshire CCG. For the former NHS Cheshire CCG area, cognitive behavioral therapy and eye movement desensitisation reprogramming are commissioned via the Improving Access to Psychological Therapies (IAPT) service provided by NHS Cheshire & Wirral Partnership NHS Foundation Trust (CWP).

Further information regarding the current application of the former commissioning policies in operation across the Cheshire & Merseyside area can be found on our website via the following link:

<https://www.cheshireandmerseyside.nhs.uk/about/how-we-work/commissioning-policies/>