Ref: FOI/00126/CMICB 11 November 2022

Your Request:

Education & Prevention Activities:

1a) I should like to request the following information about the commissioned educational and awareness raising activities and suicide prevention activities aimed at people under the age of 18 in Warrington, which falls within the geographical remit of your organisation.

I would like to find out the following information about any i) educational or awareness raising activities relating to mental health or emotional/psychological wellbeing, or ii) suicide prevention activities aimed at people under 18 that you fund in Warrington:

- The focus of the activity, i.e. mental health awareness raising or suicide prevention
- The type of activity
- The intended outcome for the activity
- The audience for the activity
- The structure of the activity, i.e. is it one-off or over several sessions
- How many hours does the activity last in total
- · Who delivers the activity
- The number of times the activity is expected to be delivered in a 12 month period
- The number of times the activity has been delivered in the most recent reporting period (quarter or year)
- The number of people aged under 18 that can access the activity in a 12 month period
- The number of people aged under 18 that access the activity in the most recent reporting period (quarter or year)
- 1b) For each activity, I would also like to request a copy of:
- The safeguarding policy followed
- The confidentiality policy followed
- Any position statements on self-determination, decision making and choice
- Any feedback about the activity that can be shared

Our Response:

1a - b) Specific suicide awareness/prevention education sessions for young people are not commissioned directly by Cheshire and Merseyside ICB in Warrington. The ICB has however offered all schools in Warrington small grants to undertake projects focused on supporting children and young people's emotional health and wellbeing.

You may wish to redirect your request for this information to the local authority, Warrington Borough Council, who are responsible for both Public Health and Education services, who can be contacted for Freedom of Information requests at foi@warrington.gov.uk.

Your Request:

GPs:

- 2) I should like to request the following information about the support provided by General Practitioners to people under the age of 18 who are experiencing mental health problems, emotional distress, or suicidal thoughts/feeling in Warrington, which falls within the geographical remit of your organisation. I would like to know this information to understand better the support that is available to people aged under 18 who are experiencing emotional distress and/or at risk of suicide.
- a) Specifically, I would like to know, number of people under 18 that have received support for
- i) mental health problems
- ii) emotional distress, and/or
- iii) suicidal thoughts/feelings from a GP in the most recent reporting period (quarter or year)
- iv) Current waiting time to see a GP
- v) Organisations that GPs regularly refer under 18's to
- vi) Organisations that GPs regularly signpost under 18's to
- b) How many GPs have a specialist remit covering:
- i) mental health.
- ii). suicide prevention, and/or
- iii) support for people under 18 who are experiencing suicidal thoughts/behaviours
- c) Any structured educational or awareness raising activities that GPs undertake with:
- i) people under the age of 18 in relation to mental health or emotional/psychological wellbeing
- ii) professionals who have contact with people under the age of 18
- iii) Any structure suicide prevention work that GPs undertake with people under the age of 18
- d) For each GP in Warrington, I would also like to request a copy of their:
- i) Safeguarding policy
- ii) Confidentiality policy
- iii) Policy statement in relation to capacity, decision making and choice

Our Response:

2a - d) NHS Cheshire & Merseyside ICB does not hold any of the information you have requested in respect of support provided by General Practitioners to people under the age of 18 who are experiencing mental health problems, emotional distress, or suicidal thoughts/feeling in Warrington.

You may wish to redirect your request for this information to NHS Cheshire & Merseyside ICB's member GP Practices in Warrington, who are listed along with their contact details via the following link:

https://www.haltonwarringtonccg.nhs.uk/warrington-services-and-information/warrington-members-practices

Your Request:

School Nurse:

- 3) I should like to request the following information about the commissioned provision of school nurses in Warrington, which falls within the geographical remit of your organisation. I would like to know this information to understand better the support that is available to people aged under 18 who are experiencing emotional distress and/or at risk of suicide.
- a) Specifically, I would like to know:
- i) The number of school nurses that are employed

health or emotional/psychological wellbeing

- ii) The number of full time equivalent posts the school nurses employed equates to
- iii) The type of support school nurses provide to people under the age of 18 who are experiencing emotional distress or suicidal thoughts/feelings
- iv) What channels school nurses use to have contact with people aged under 18, e.g. telephone, text, Whatsapp, email, face to face
- v) Any structured educational or awareness raising activities that school nurses undertake with people under the age of 18 in relation to mental
- vi) Any structure suicide prevention work that school nurses undertake with people under the age of 18
- b) If there are any school nurses who have a specific remit covering:
- i) mental health
- ii) suicide prevention, and/or
- iii) support for people under 18 who are experiencing suicidal thoughts/behaviours
- c) If available, the number of people under 18 that have received support for:
- i) mental health problems
- ii) emotional distress, and/or
- iii) suicidal thoughts/feelings from a school nurse in the most recent reporting period (quarter or year)

- d) If available, the number of people under 18 who were provided with crisis support from a school nurse in the most recent reporting period (quarter or year) For each school nurse in Warrington, I would also like to request a copy of their:
- i) Safeguarding policy
- ii) Confidentiality policy
- iii) Policy statement in relation to capacity, decision making and choice

Our Response:

3a - d) NHS Cheshire & Merseyside ICB does not hold any of the information you have requested in respect of school nurses.

You may wish to redirect your request for this information to Public Health via the local authority, Warrington Borough Council, who can be contacted for Freedom of Information requests at foi@warrington.gov.uk.

Additionally, you may also wish to redirect you request for this information to Bridgewater Community Healthcare NHS Foundation Trust, as the provider of 0-19 Services in Warrington, who can be contacted for Freedom of Information requests at bchft.foi@nhs.net.

Your Request:

Crisis Service:

- 4) I should like to request the following information about the commissioned emotional support and crisis services available to people under the age of 18 in Warrington, which falls within the geographical remit of your organisation.
- a) I would like to find out the following information about support services that you directly fund in Warrington to people under the age of 18 who are experiencing emotional distress and/or who are at risk of attempting suicide, excluding that delivered through Child and Adolescent Mental Health Services:
- i) Inclusion/exclusion criteria
- ii) How the service is accessed, i.e. open access, self-referral, third party referral
- iii) Channels of support, e.g. telephone, email, text, webchat, face-to-face, and types of location if face-to-face
- iv) Opening hours/availability
- v) Type of support provided, i.e. structured therapeutic counselling, peer support, helpline
- vi) If support is provided to parents or carers
- vii) Length of support offered
- viii) If the support is provided by paid employees, freelance/contract staff, volunteers.
- ix) Intended outcomes for the service

- x) If available, the number of people under 18 that can be supported i) at any one time and/or ii) in any given twelve month period
- xi) Where relevant, number of people under 18 that have been referred to the service in the most recent reporting period (quarter or year)
- xii) Number of people under 18 supported in the most recent reporting period (quarter or year)
- b) For each service, I would also like to request a copy of their:
- i) Safeguarding policy
- ii) Confidentiality policy
- iii) Policy statement in relation to capacity, decision making and choice

Our Response:

- 4a) Please be advised that Mersey Care NHS Foundation Trust are the Lead Provider for the local Thrive model in Warrington, with subcontracts existing with St Joseph's Counselling and Kooth.com.
- 4ai) Single point of access via Mersey Care NHS Foundation Trust CAMHS and then triage to appropriate services.
- 4aii) Direct access is available to young people via phone, email or by professional referral.
- 4aiii) Face-to-face and online appointments available.
- 4aiv & 4av) Information not held. You may wish to redirect your request for this information to Mersey Care NHS Foundation Trust, as the Lead Provider, who can be contacted for Freedom of Information requests at FOI@merseycare.nhs.uk.
- 4avi) Yes, support is also provided to parents and carers.
- 4avii) The length of support provided would be dependent on the individual needs of each patient.
- 4aviii) Support is provided by a mixture of contracted staffing.
- 4aix) Access and waiting time metrics/qualitative measures are in place. i.e. goal based outcomes.
- 4ax, 4axi, 4axii & 4b) Information not held. You may wish to redirect your request for this information to Mersey Care NHS Foundation Trust, as the Lead Provider, who can be contacted for Freedom of Information requests at FOI@merseycare.nhs.uk.