Ref: FOI/00099/CMICB 27 October 2022

Your Request:

1 Demographics

We would like to know about commissioning arrangements for young people and adults with ADHD provided by integrated care boards (ICBs) across England, with a focus on primary care.

- 1.1) Which NHS region is your ICB located within? (One of: East of England, London, Midlands, North East and Yorkshire, North West, South East, South West)
- 1.2) Which ICB do you represent?

Our Response:

1.1 - 1.2) NHS Cheshire & Merseyside ICB is located within the North West region of England.

Your Request:

- 1.3) Please provide your details
- a) Job Role:
- b) Name:
- c) Email address:
- d) Phone number:

Our Response:

1.3) This response is being provided on behalf of the whole of NHS Cheshire & Merseyside ICB as an organisation, rather than from a single individual.

Your Request:

1.4) Please provide details of the person (if not you) within your ICB that is responsible for commissioning services to support the delivery of primary healthcare for young people and adults with ADHD.

For example, we are interested in: Mental health and social prescribing, Shared care arrangements and other locally enhanced services that may affect care provided for young people and adults with ADHD

- a) Job Role:
- b) Name:
- c) Email address:
- d) Phone number:

e) Comments:

Our Response:

1.4) NHS Cheshire & Merseyside ICB does not have a single specific person designated as being responsible for commissioning services to support the delivery of primary healthcare for your people and adults with ADHD.

Your Request:

2 Adult mental health services for ADHD

We would like to know about the healthcare available from adult mental health services (AMHS) for young people and adults with ADHD that are located in your ICS. AMHS - Any adult mental health service including specialist ADHD teams Young people and adults with ADHD - Any young person with suspected or confirmed ADHD, aged from 16 years old and upwards

- 2.1) Is there an NHS funded AMHS that is available to provide healthcare (diagnosis and/or management) of adult ADHD for patients within your ICS?
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 2.2) If yes, roughly how long is the waiting list for patients referred to this service?
- a) 0 months, up to 6 months
- b) 6 months, up to 12 months
- c) 12 months, up to 24 months
- d) 2 years or more
- e) Do not know
- 2.3) In your ICB, can primary care providers refer patients using the 'right to choose' legislation to other adult healthcare services for ADHD (outside of your ICS footprint)? For example, commissioned private adult ADHD services that are available online.
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 2.4) If you would like to add anything on the 'right to choose' legislation, please comment below:

- 2.5) Do primary care providers in your ICS have shared care protocols/agreements in place with an AMHS to enable prescribing of adult ADHD medications through primary care? ADHD medications NICE guideline [NG87] recommended medications for adult ADHD.
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 2.6) If you would like to add anything on shared care provision for young people with ADHD, please comment below:

Our Response:

Please find listed below the information held by each of the former CCG areas that now make up NHS Cheshire & Merseyside ICB in respect of the questions posed about adult mental health services for ADHD.

Cheshire

- 2.1) Yes.
- 2.2) 0 months, up to 6 months
- 2.3) Yes.
- 2.4) n/a.
- 2.5) Yes.
- 2.6) n/a.

Halton

- 2.1) Yes.
- 2.2) Information not held. You may wish to redirect your request for this information to Mersey Care NHS Foundation Trust who can be contacted for Freedom of Information requests via: FOI@merseycare.nhs.uk.
- 2.3) Yes.
- 2.4) n/a.
- 2.5) Yes.
- 2.6) n/a.

Knowsley

- 2.1) Yes.
- 2.2) 6 months, up to 12 months.
- 2.3) Yes.
- 2.4) n/a.
- 2.5) No.
- 2.6) n/a.

Liverpool

- 2.1) Yes.
- 2.2) 2 years or more.
- 2.3) Yes.
- 2.4) n/a.

- 2.5) Yes.
- 2.6) n/a.

South Sefton / Southport & Formby

- 2.1) Yes.
- 2.2) 2 years or more.
- 2.3) Yes.
- 2.4) n/a.
- 2.5) Yes.
- 2.6) n/a.

St Helens

2.1 – 2.6) Information not received from former St Helens CCG area at the time of this response. Please accept our apologies and we will provide the requested information for the former St Helens CCG area under separate cover to you once it is received.

Warrington

- 2.1) Yes.
- 2.2) 6 months, up to 12 months.
- 2.3) Yes.
- 2.4) n/a.
- 2.5) Yes.
- 2.6) n/a.

Wirral

- 2.1) Yes.
- 2.2) 2 years or more.
- 2.3) Yes.
- 2.4) n/a.
- 2.5) Yes.
- 2.6) n/a.

Your Request:

3 Primary Care services for ADHD

We would like to know about the support provided by primary care in your ICS for young people and adults with ADHD. This includes support from primary care providers or networks (PCNs), but not support from other services, such as secondary care, or voluntary sector organisations

3.1) Are any of the following additional roles being funded within your ICS (either via PCNs or directly)? If yes, please also indicate whether these roles are filled, in development, or if this varies by provider/PCN?

There is space to provide any comments if necessary.

a) Care co-ordinator: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No

- b) Health and wellbeing coach: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- c) Pharmacy technician: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- d) Occupational therapist: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- e) Physician associate: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- f) Nursing associate: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- g) Social prescribing link worker: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- h) Mental health practitioner or counsellor: Yes, currently filled / Yes, in development / Yes either filled or in development (varies by PCN) / No
- i) Other (please specify):
- 3.2) Does your ICB have any enhanced services agreed with primary care providers for prescribing and monitoring of ADHD medication? This question is asking about agreements to provide additional care (in place or in development), but not about shared care.
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 3.3) Does your ICB have any other enhanced services agreed with primary care providers for extended support or services for people with long term mental health conditions (such as ADHD)? This question is asking about agreements to provide additional care (in place or in development), but not about shared care.
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 3.4) If yes to Q3.2 or Q3.3, please list the enhanced services agreed with primary care providers in your ICS (that are relevant for people with ADHD).
- 3.5) If you would like to add anything about enhanced services, please comment below.

- 3.6) Has your ICB identified any localities within your ICS where there are inequalities in access to healthcare services for young people and adults with ADHD?
- a) Yes
- b) No
- c) Do not know
- d) Not applicable
- 3.7) If you would like to add anything about inequalities, please comment below.
- 3.8) Please list any barriers your ICB faces when commissioning effective services for young people (aged 16-25) with ADHD
- 3.9) If you would like to add anything to your answers, please comment below.

Our Response:

Please find listed below the information held by each of the former CCG areas that now make up NHS Cheshire & Merseyside ICB in respect of the questions posed about Primary Care services for ADHD.

Cheshire

- 3.1)
- a) Yes either filled or in development (varies by PCN).
- b) Yes either filled or in development (varies by PCN).
- c) Yes either filled or in development (varies by PCN).
- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) Yes either filled or in development (varies by PCN).
- g) Yes either filled or in development (varies by PCN).
- h) Yes either filled or in development (varies by PCN).
- i) n/a.
- 3.2) No.
- 3.3) No.
- 3.4) n/a.
- 3.5) n/a.
- 3.6) n/a.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

Halton

- 3.1)
- a) Yes currently filled.
- b) Yes either filled or in development (varies by PCN).
- c) Yes currently filled.

- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) Yes either filled or in development (varies by PCN).
- g) Yes currently filled.
- h) Yes currently filled.
- i) Clinical pharmacist in place / First contact practitioners, community paramedics and advanced practitioner in development.
- 3.2) No.
- 3.3) No.
- 3.4) n/a.
- 3.5) n/a.
- 3.6) n/a.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

Knowsley

- 3.1)
- a) Yes either filled or in development (varies by PCN).
- b) Yes either filled or in development (varies by PCN).
- c) Yes either filled or in development (varies by PCN).
- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) No.
- g) Yes either filled or in development (varies by PCN).
- h) Yes either filled or in development (varies by PCN).
- i) n/a.
- 3.2) No.
- 3.3) No.
- 3.4) n/a.
- 3.5) n/a.
- 3.6) Yes.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

Liverpool

- 3.1)
- a) Yes either filled or in development (varies by PCN).
- b) Yes either filled or in development (varies by PCN).
- c) Yes either filled or in development (varies by PCN).
- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) Yes either filled or in development (varies by PCN).
- g) Yes either filled or in development (varies by PCN).
- h) Yes either filled or in development (varies by PCN).
- i) n/a.
- 3.2) No.
- 3.3) No.

- 3.4) n/a.
- 3.5) n/a.
- 3.6) Yes.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

South Sefton / Southport & Formby

- 3.1)
- a) Yes either filled or in development (varies by PCN).
- b) Yes either filled or in development (varies by PCN).
- c) Yes either filled or in development (varies by PCN).
- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) Yes either filled or in development (varies by PCN).
- g) Yes either filled or in development (varies by PCN).
- h) Yes either filled or in development (varies by PCN).
- i) n/a.
- 3.2) Yes.
- 3.3) No.
- 3.4) We have approved the melatonin statement (amber initiated and attracts a payment in the LQC), which applies to patients with a chronic sleep disorder and ADHD https://www.panmerseyapc.nhs.uk/document-store/melatonin-prolonged-release-tablets-circadin-and-slenyto-for-the-treatment-of-persistent-chronic-sleep-disorders-in-adults-and-
- children/?UNLID=6846618982022101116418
- 3.5) n/a.
- 3.6) No.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

St Helens

3.1 - 3.9) Information not received from former St Helens CCG area at the time of this response. Please accept our apologies and we will provide the requested information for the former St Helens CCG area under separate cover to you once it is received.

Warrington

- 3.1)
- a) No.
- b) No.
- c) No.
- d) No.
- e) No.
- f) No.
- g) No.
- h) Yes, currently filled (Primary Care based ADHD service includes Mental Health nurses).

- i) Primary Care based ADHD Service includes Mental Health Nurse Consultant, Mental Health Nurse Consultant, Health Care Assistant, and Assistant Psychologist.
- 3.2) No.
- 3.3) No.
- 3.4) n/a.
- 3.5) n/a.
- 3.6) n/a.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

Wirral

- 3.1)
- a) Yes either filled or in development (varies by PCN).
- b) Yes either filled or in development (varies by PCN).
- c) Yes either filled or in development (varies by PCN).
- d) Yes either filled or in development (varies by PCN).
- e) Yes either filled or in development (varies by PCN).
- f) Yes either filled or in development (varies by PCN).
- g) Yes either filled or in development (varies by PCN).
- h) Yes either filled or in development (varies by PCN).
- i) n/a.
- 3.2) Yes.
- 3.3) No.
- 3.4) We have the Primary Care LEAP model for our adult ADHD patients in Wirral which provides assessment and on-going follow up support for those with suspected or confirmed ADHD. This is currently being expanded outside of the one PCN where this is active currently.
- 3.5) n/a.
- 3.6) No.
- 3.7) n/a.
- 3.8) n/a.
- 3.9) n/a.

Your Request:

- 4.1) Thank you for taking the time to complete this survey. Would you like to be? Indicate Y for yes, N for No
- a) Contacted about taking part in further research:
- b) Kept informed about results of this research:
- 4.2) If you indicated yes at all in 4.1, please provide your contact details: These will be stored securely and only used for the purposes you have indicated above.
- a) First name:
- b) Surname:
- c) Email address:
- d) Confirm email address:

Our Response:

- 4.1a) No. 4.1b) No.
- 4.2) n/a.