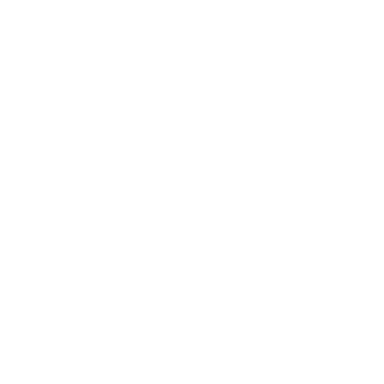
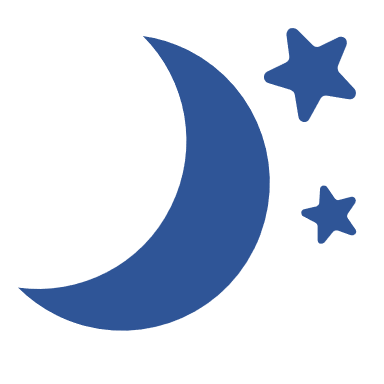
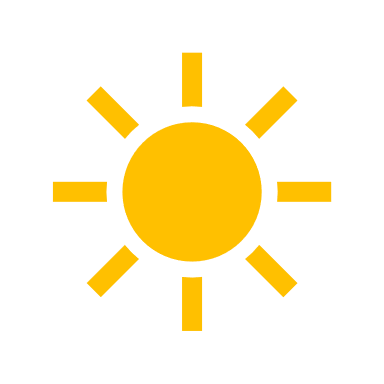
A logo with cartoon teeth and text

Description automatically generatedA blue circle with black background

Description automatically generatedA blue circle with black background

Description automatically generated

When your chart is complete, return it to your nursery

or school to receive your Toothbrushing Certificate!

Checkmark with solid fill **Tick each box when you have brushed your teeth at home.**

**Brush your teeth at home twice a day. Once before bed and one other time,**

**as well as brushing at nursery or school.**

Don’t forget to keep going!

Home Toothbrushing Chart

Get into the toothbrushing habit!

Monday

Friday

Sunday

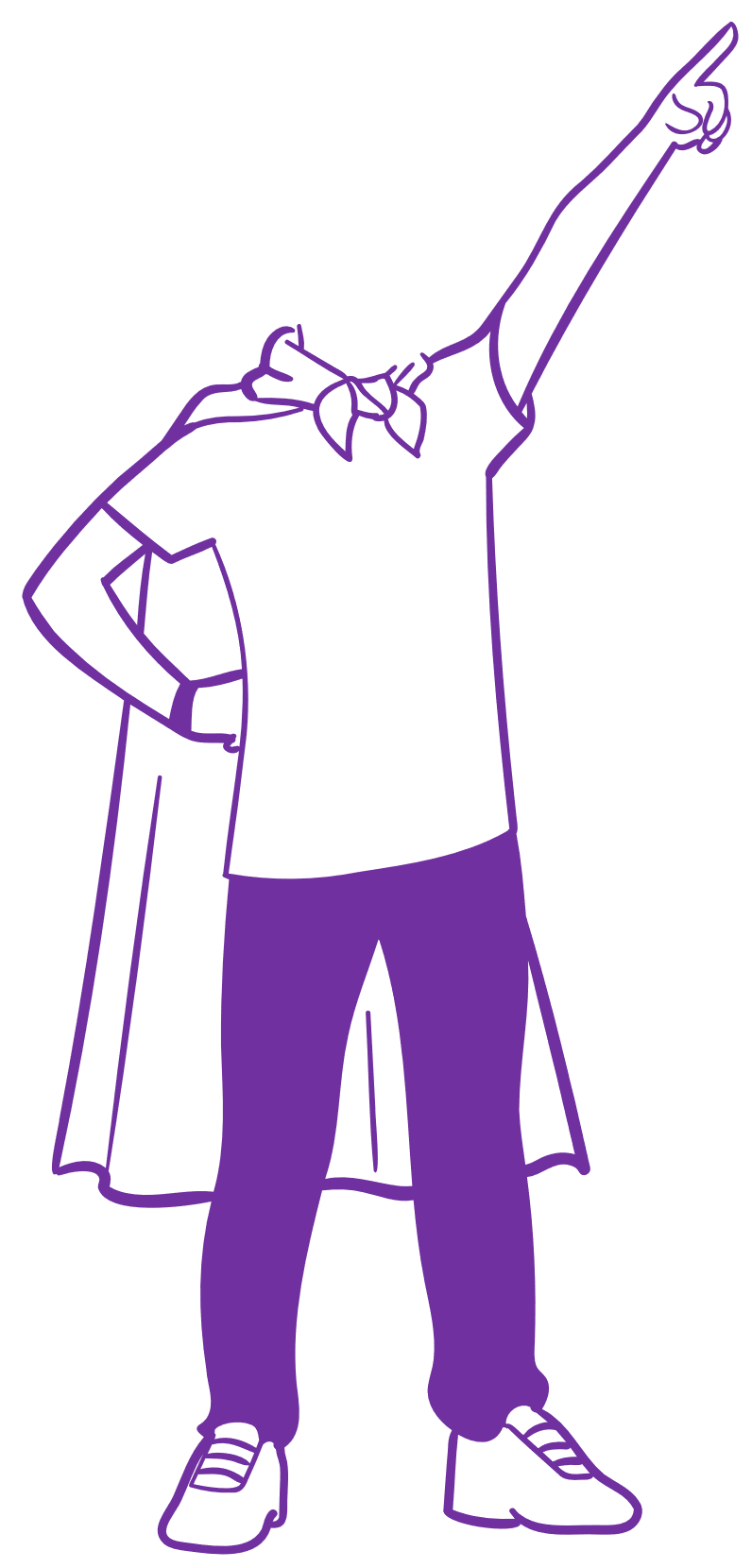
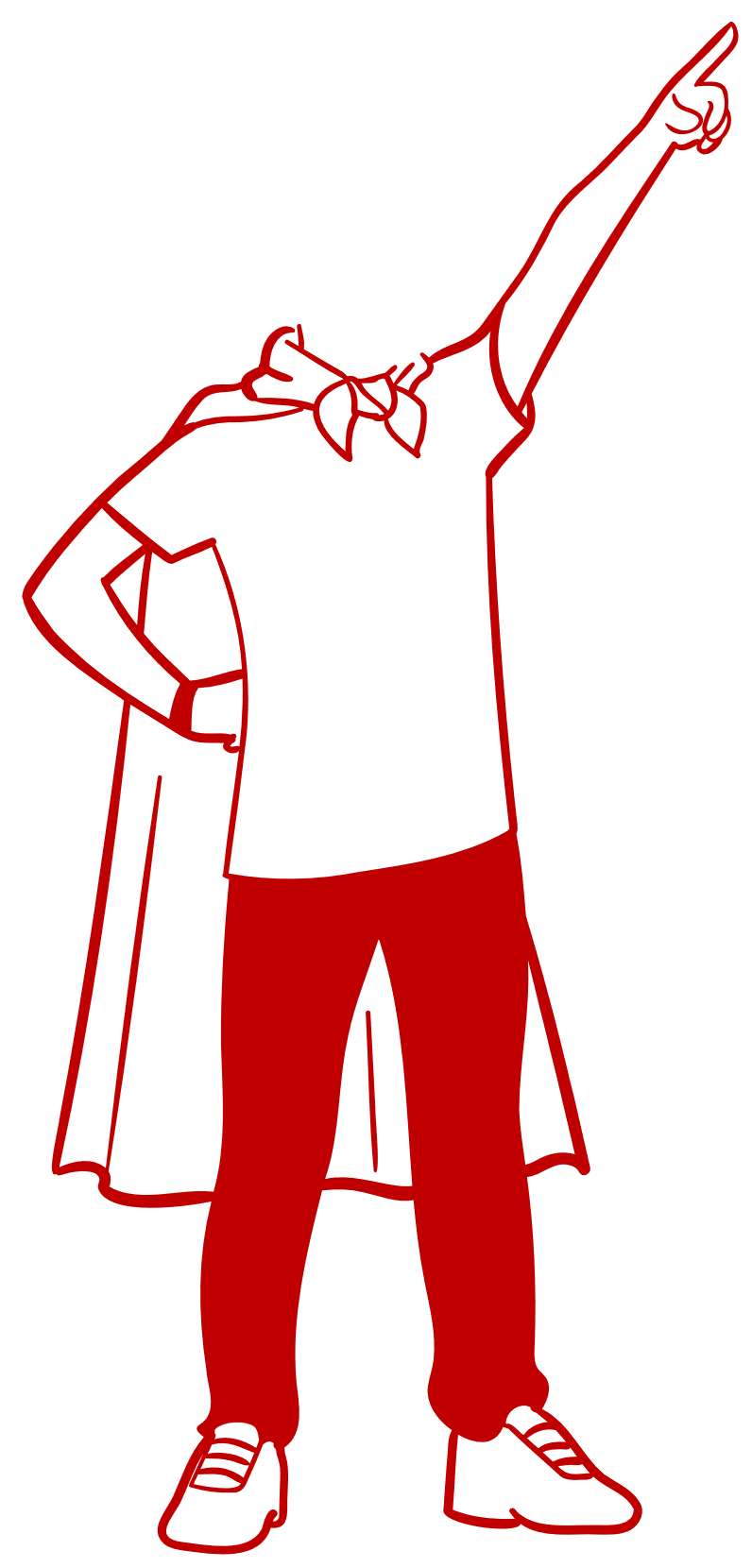
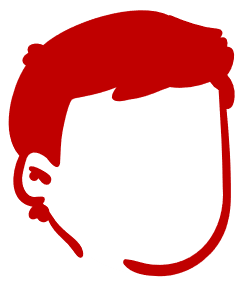
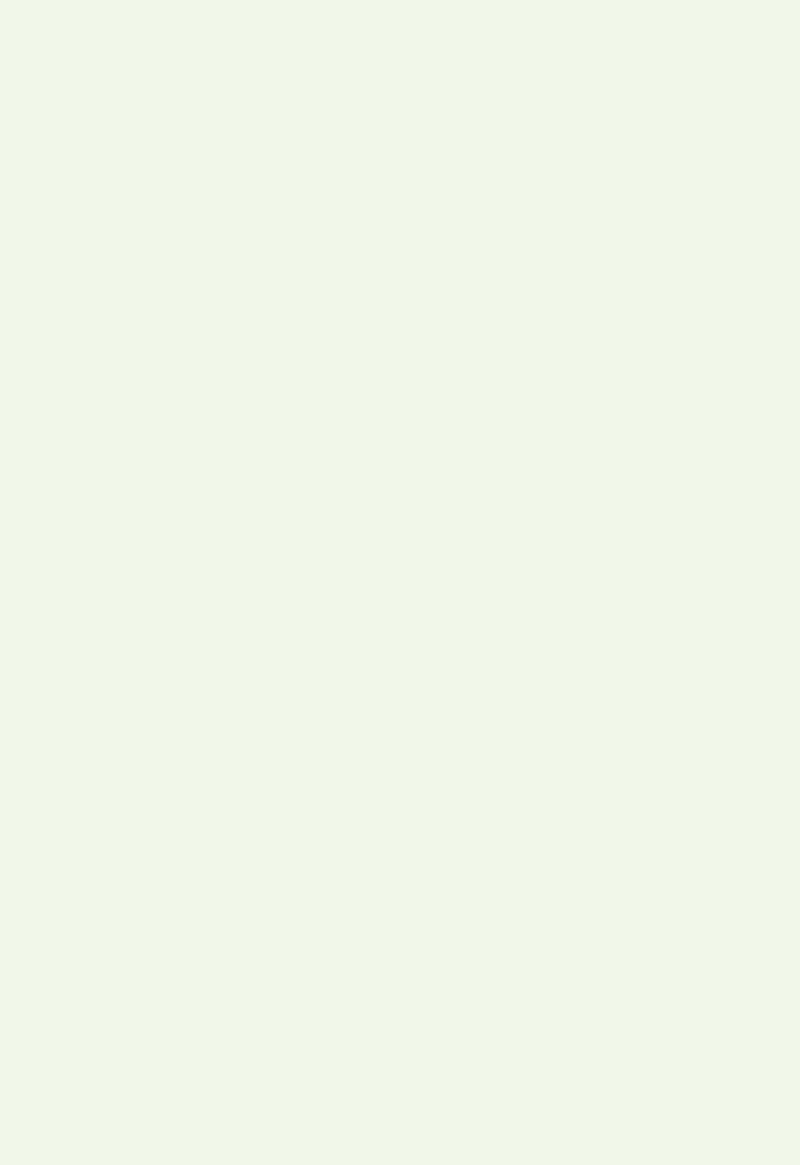
Wednesday

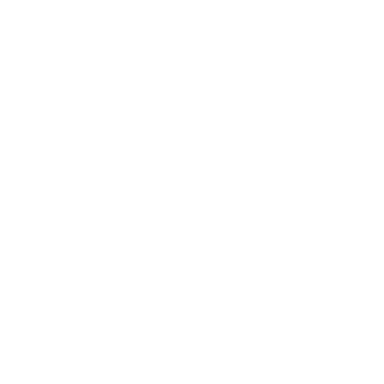
Thursday

Saturday

Tuesday

A blue circle with black background

Description automatically generatedA logo with cartoon teeth and text

Description automatically generatedA blue circle with black background

Description automatically generatedA blue circle with black background

Description automatically generatedA blue circle with black background

Description automatically generatedA blue and white logo

Description automatically generatedA blue circle with black background

Description automatically generatedA blue circle with black background

Description automatically generatedA blue circle with black background

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Toothbrush ng

Certificate

**Well done!**

This is to certify that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is into the toothbrushing habit and is brushing their teeth twice a day to keep them sparkly and white!